

**2010 NCAA Division III Men's and Women's  
Swimming and Diving Championships  
MEET SCHEDULE**

**Monday, March 15**

Swimming practice	4 – 9 p.m.	Pool
Diving practice	5 – 9 p.m.	Pool
Training Room	4 – 9 p.m.	Pool
Registration	Noon – 6 p.m.	Collegiate Room - Radisson
NCAA Committee Dinner/Meeting	6 – 8 p.m.	University Lounge - Radisson

**Tuesday, March 16**

Swimming practice	8 – 11 a.m.	Pool
Diving practice	8 – 11 a.m.	Pool
Training Room	8 – 11 a.m.	Pool
Swimming practice	1 – 5:30 p.m.	Pool
Diving practice	1 – 4 p.m.	Pool
Training Room	1 – 6 p.m.	Pool
Registration	10 a.m. – 2 p.m.	Collegiate Room - Radisson
Scratch Box	Closes at 4 p.m.	Radisson
Coaches Meeting*	2:30 p.m.	Humphrey Room - Radisson
CSCAA Meeting	3:30 p.m.	Humphrey Room - Radisson
Diving Coaches Meeting*	4:30 p.m.	Humphrey Room - Radisson
<i>*Attendance Required</i>		
Championship Banquet	6:30 p.m.	University Ballroom

**Wednesday, March 17**

Training Room	6:30 a.m. – 10 p.m.	Pool
Swimming warm up	6:30 – 9:45 a.m.	Pool
Diving warm up	6:30 – 10 a.m. (open boards)	Pool
	10 a.m. – 1 p.m. (flighted)	Pool
Officials Staging	9 a.m.	Dry Classroom
Swimming Preliminaries	10 a.m.	Pool
Diving Preliminaries	1 p.m.	Pool
Diving Consolation Finals	Immediately following prelims	Pool
Swimming warm up	4:30 – 5:45 p.m.	Pool
Officials Staging	5:00 p.m.	Dry Classroom
Diving warm up	5:30 – 6:30 p.m. (open boards)	Pool
Finals	6 p.m.	Pool

**Thursday, March 18**

Training Room	6:30 a.m. – 10 p.m.	Pool
Swimming warm up	6:30 – 9:45 a.m.	Pool
Diving warm up	6:30 – 10 a.m. (open boards)	Pool
	10 a.m. – 1 p.m. (flighted)	Pool
Officials Staging	9 a.m.	Dry Classroom
Swimming Preliminaries	10 a.m.	Pool
Diving Preliminaries	1 p.m.	Pool
Diving Consolation Finals	Immediately following prelims	Pool
Swimming warm up	4:30 – 5:45 p.m.	Pool
Officials Staging	5:00 p.m.	Dry Classroom
Diving warm up	5:30 – 6:30 p.m. (open boards)	Pool
Finals	6 p.m.	Pool

**Friday, March 19**

Training Room	6:30 a.m. – 10 p.m.	Pool
Swimming warm up	6:30 – 9:45 a.m.	Pool
Diving warm up	6:30 – 10 a.m. (open boards)	Pool
	10 a.m. – 1 p.m. (flighted)	Pool
Officials Staging	9 a.m.	Dry Classroom
Swimming Preliminaries	10 a.m.	Pool
Diving Preliminaries	1 p.m.	Pool
Diving Consolation Finals	Immediately following prelims	Pool
Swimming warm up	4:30 – 5:45 p.m.	Pool
Officials Staging	5:00 p.m.	Dry Classroom
Diving warm up	5:30 – 6:30 p.m. (open boards)	Pool
Finals	6 p.m.	Pool

**Saturday, March 20**

Training Room	6:30 a.m. – 10 p.m.	Pool
Swimming warm up	6:30 – 9:45 a.m.	Pool
Diving warm up	6:30 – 10 a.m. (open boards)	Pool
	10 a.m. – 1 p.m. (flighted)	Pool
Officials Staging	9 a.m.	Dry Classroom
Swimming Preliminaries	10 a.m.	Pool
Diving Preliminaries	1 p.m.	Pool
Heats of the 1650		Pool
Diving Consolation Finals	Immediately following prelims	Pool
Swimming warm up	4:30 – 5:45 p.m.	Pool
Officials Staging	5:00 p.m.	Dry Classroom
Clear Pool & Seniors Assemble	5:35 p.m.	Pool
Senior Recognition	5:45 p.m.	Pool
Diving warm up	6:00 pm – 7:00 pm (open boards)	Pool
Finals	6 p.m.	Pool

**WARM UP PROCEDURES****Monday, March 15**

General Swimming warm up	4 – 9 p.m.
General Diving warm up	5 – 9 p.m.

**Tuesday, March 16**

General Swimming warm up	8 – 11 a.m. and 1 – 5:30 p.m.
General Diving warm up	8 – 11 a.m. and 1 – 4 p.m.

**Wednesday, March 17 - Saturday, March 20**

Preliminaries	
6 – 9 a.m.	General Warm Up
9 – 9:15 a.m.	Sprint Lanes 1, 8 one way only
	Pace Lanes 2, 3, 4, 5, 6, 7
9:15 – 9:45 a.m.	Sprint Lanes 1, 2, 7, 8 one way only
	Pace Lanes 3, 4, 5, 6
9:45 a.m.	Clear Competition Pool
Finals	
4:30 – 5 p.m.	General Warm Up
5 – 5:15 p.m.	Sprint Lanes 1, 8 one way only
	Pace Lanes 2, 3, 4, 5, 6, 7
5:15 – 5:45 p.m.	Sprint Lanes 1, 2, 7, 8 one way only
	Pace Lanes 3, 4, 5, 6
5:45 p.m.	Clear Competition Pool

## **ORDER OF EVENTS**

Wednesday, March 17 – Preliminaries 10 a.m.

1. Men's 500 Freestyle
2. Women's 500 Freestyle
3. Men's 200 Individual Medley
4. Women's 200 Individual Medley
5. Men's 50 Freestyle
6. Women's 50 Freestyle
- 20 minute intermission
8. Men's 200 Medley Relay
9. Women's 200 Medley Relay
7. Men's Three- Meter Diving

Wednesday, March 17 – Finals 6 p.m.

1. Men's 500 Freestyle
2. Women's 500 Freestyle
3. Men's 200 Individual Medley
4. Women's 200 Individual Medley
5. Men's 50 Freestyle
6. Women's 50 Freestyle
7. Men's Three- Meter Diving Finals
8. Men's 200 Medley Relay
9. Women's 200 Medley Relay

Thursday, March 18 – Preliminaries 10 a.m.

10. Men's 200 Freestyle Relay
11. Women's 200 Freestyle Relay
12. Men's 400 Individual Medley
13. Women's 400 Individual Medley
14. Men's 100 Butterfly
15. Women's 100 Butterfly
16. Men's 200 Freestyle
17. Women's 200 Freestyle
- 20 minute intermission
19. Men's 400 Medley Relay
20. Women's 400 Medley Relay
18. Women's One- Meter Diving

Thursday, March 18 – Finals 6 p.m.

10. Men's 200 Freestyle Relay
11. Women's 200 Freestyle Relay
12. Men's 400 Individual Medley
13. Women's 400 Individual Medley
14. Men's 100 Butterfly
15. Women's 100 Butterfly
16. Men's 200 Freestyle
17. Women's 200 Freestyle
18. Women's One- Meter Diving
19. Men's 400 Medley Relay
20. Women's 400 Medley Relay

Friday, March 19 – Preliminaries 10 a.m.

21. Men's 200 Butterfly
22. Women's 200 Butterfly
23. Men's 100 Backstroke
24. Women's 100 Backstroke
25. Men's 100 Breaststroke
26. Women's 100 Breaststroke
- 20 minute intermission
28. Men's 800 Freestyle Relay - *All but last heat of timed finals*
29. Women's 800 Freestyle Relay - *All but last heat of timed finals*
27. Men's One-Meter Diving

Friday, March 19 – Finals 6 p.m.

21. Men's 200 Butterfly
22. Women's 200 Butterfly
23. Men's 100 Backstroke
24. Women's 100 Backstroke
25. Men's 100 Breaststroke
26. Women's 100 Breaststroke
27. Men's One-Meter Diving
28. Men's 800 Freestyle Relay - *Last heat of timed finals*
29. Women's 800 Freestyle Relay - *Last heat of timed finals*

Saturday, March 20 – Preliminaries 10 a.m.

32. Men's 100 Freestyle
33. Women's 100 Freestyle
34. Men's 200 Backstroke
35. Women's 200 Backstroke
36. Men's 200 Breaststroke
37. Women's 200 Breaststroke
- 20 minute intermission
39. Men's 400 Freestyle Relay
40. Women's 400 Freestyle Relay
30. Men's 1650 Freestyle - *All but last heat of timed finals*
31. Women's 1650 Freestyle - *All but last heat of timed finals*
38. Women's Three-Meter Diving

Saturday, March 21 – Finals 6 p.m.

30. Men's 1650 Freestyle - *Last heat of timed finals*
31. Women's 1650 Freestyle - *Last heat of timed finals*
32. Men's 100 Freestyle
33. Women's 100 Freestyle
34. Men's 200 Backstroke
35. Women's 200 Backstroke
36. Men's 200 Breaststroke
37. Women's 200 Breaststroke
38. Women's Three-Meter Diving
39. Men's 400 Freestyle Relay
40. Women's 400 Freestyle