# 2011 NCAA Men's & Women's Indoor Track & Field Championships

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### Maps

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HOWDY!

On behalf of the entire Texas A&M Community, and in particular the Athletic Department family, it is my pleasure to welcome you to Texas A&M University and the Gilliam Indoor Track and Field at the McFerrin Athletic Center, the site for the 2011 NCAA Indoor Track and Field Championships.

Facts regarding the competition and other valuable information about the Bryan-College Station area are included in this manual. All of us at Texas A&M have been eagerly awaiting this championship and hope to make your experience extraordinary.

Best of luck during the championship!

Cordially,

Bill Byrne
Director of Athletics
Meet Director
Erin Willert .......................................................... 979-458-3997
Fax................................................................. 979-845-1458
E-mail............................................................... ewillert@athletics.tamu.edu

Assistant Meet Directors
Mike Caruso......................................................... 979-845-8915
Fax................................................................. 979-845-1458
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Fax................................................................. 979-846-6279
E-mail............................................................... ccapps@athletics.tamu.edu
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Cell...........979-229-5691 Fax..........................979-458-2889
E-mail............................................................... bbancroft@athletics.tamu.edu
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Fax................................................................. 979-845-1458
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E-mail............................................................... sprice@athletics.tamu.edu

Meet Trainer
Saul Luna ........................................................... 979-845-3121
Fax................................................................. 979-458-2874
E-mail............................................................... sluna@athletics.tamu.edu

Ticket Manager
Carole Dollins .................................................... 979-260-7986
Fax................................................................. 979-260-7940
E-mail............................................................... carole@12thmanfoundation.com

NCAA Division I Men’s and Women’s Track & Field Committee

Todd Patulski, Baylor University, Committee Chair
Gregg Gensel, Utah State University, Subcommittee Chair
Elizabeth Donohue, Marist College
John McNichols, Indiana State University
Phil Olson, Stephen F. Austin State University
Michael Reilly, University of Oregon
Robyne Johnson, Boston University
Stan Kerr, Eastern Washington University
Monica Love, U.S. Military Academy
Marc Ryan, University of Minnesota, Twin Cities
Susan Seaton, University of Cincinnati
Bill Walton, James Madison University

Thomas McLean, NCAA
Kristen Jacob Smith, NCAA Assistant Director of Online Properties and Media for Championships
Ashley Dunnigan, NCAA Coordinator of Championships
Liz Turner Suscha, NCAA Associate Director of Championships

NCAA Committee Headquarters
Phone................................................................. 979-458-4538
Fax ................................................................. 979-458-4542

2011 NCAA MEN’S & WOMEN’S INDOOR TRACK & FIELD CHAMPIONSHIPS
Pre-Meet Schedule of Events

Saturday March 5, 2011
Midnight (Central)  Proof-of-Performance deadline, except conference championships

Sunday March 6, 2011
5:00 PM (Central)  Proof-of-Performance deadline for conference championships only

Monday March 7, 2011
9:00 AM (Central)  Declaration forms available on NCAA website
(www.ncaa.org/wps/ncaa?ContentID=37567)
1:00 PM (Central)  Deadline for institutions to submit forms online

Wednesday March 9, 2011
12:00 -9:00 PM  The McFerrin Indoor Facility and Gilliam Indoor Track and Field are available for practice

Thursday March 10, 2011
8:00 AM - 3:00 PM  The McFerrin Indoor Facility available for practice
8:00 AM -6:00 PM  Gilliam Indoor Track and Field available for practice.
12:00– 4:00 PM  Packet Pick-up at Gilliam Indoor Track and Field lobby area
4:30 PM  Coaches meeting (MANDATORY) regarding meet information (Indoor Football Facility)
6:30 PM  NCAA Banquet  The Zone Club (Kyle Field)

Friday March 11, 2011
10:00 AM  First session of competition begins

Saturday March 12, 2011
12:00 PM  Second session of competition begins
2011 NCAA INDOOR TRACK & FIELD CHAMPIONSHIPS SCHEDULE
Gilliam Indoor Track and Field at the McFerrin Athletic Center
Texas A&M University – College Station, Texas
Friday-Saturday, March 11-12
- DAY ONE -
Friday, March 11

**COMBINED EVENTS**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Gender</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>10:00</td>
<td>60m Hurdles</td>
<td>W</td>
<td>Pentathlon</td>
</tr>
<tr>
<td>est. 10:50</td>
<td>High Jump (2 pits)</td>
<td>W</td>
<td>Pentathlon</td>
</tr>
<tr>
<td>12:00</td>
<td>60m Dash</td>
<td>M</td>
<td>Heptathlon</td>
</tr>
<tr>
<td>est. 12:40</td>
<td>Long Jump (2 pits)</td>
<td>M</td>
<td>Heptathlon</td>
</tr>
<tr>
<td>est. 12:45</td>
<td>Shot Put (2 rings)</td>
<td>W</td>
<td>Pentathlon</td>
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<tr>
<td>est. 1:45</td>
<td>Long Jump (2 pits)</td>
<td>W</td>
<td>Pentathlon</td>
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<tr>
<td>est. 1:45</td>
<td>Shot Put (2 rings)</td>
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<td>Heptathlon</td>
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<tr>
<td>est. 2:45</td>
<td>High Jump (2 pits)</td>
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<td>Heptathlon</td>
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<tr>
<td>est. 2:45</td>
<td>800m Run</td>
<td>W</td>
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**FIELD EVENTS**

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<td>Long Jump</td>
<td>W</td>
<td>Trials &amp; Final</td>
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<tr>
<td>4:30</td>
<td>Pole Vault</td>
<td>M</td>
<td>Final</td>
</tr>
<tr>
<td>6:30</td>
<td>High Jump</td>
<td>W</td>
<td>Final</td>
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<tr>
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<td>Long Jump</td>
<td>M</td>
<td>Trials &amp; Final</td>
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**RUNNING EVENTS**

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<tr>
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<td>Prelim</td>
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<td>4:15</td>
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<td>400m Dash</td>
<td>M</td>
<td>Prelim</td>
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2011 NCAA INDOOR TRACK & FIELD CHAMPIONSHIPS SCHEDULE
Gilliam Indoor Track and Field at the McFerrin Athletic Center
Texas A&M University – College Station, Texas
- DAY TWO -
Saturday, March 12

COMBINED EVENTS
12:00 pm 60m Hurdles M Heptathlon
est. 12:45 pm Pole Vault (2 pits) M Heptathlon
est. 3:15 pm 1,000 m Run M Heptathlon

FIELD EVENTS
3:30 pm Triple Jump W Trials & Final
3:45 pm Shot Put W Trials and Final
4:00 pm Pole Vault W Final
4:15 pm High Jump M Final
4:30 pm Triple Jump M Trials & Final
5:00 pm Weight Throw M Trials & Final

RUNNING EVENTS
4:55 pm National Anthem
5:00 pm Mile Run W Final
5:10 pm Mile Run M Final
5:20 pm 60m Hurdles W Final
5:30 pm 60m Hurdles M Final
5:40 pm 400m Dash W Final (2 section final)
5:50 pm 400m Dash M Final (2 section final)
6:00 pm 60m Dash W Final
6:10 pm 60m Dash M Final
6:20 pm 800m Run W Final
6:30 pm 800m Run M Final
6:40 pm 3,000m Run W Final
6:55 pm 3,000m Run M Final
7:10 pm 4 x 400m Relay W Final (2 section final)
7:25 pm 4 x 400m Relay M Final (2 section final)
7:50 pm Awards Ceremony
## 2011 NCAA Men's & Women's Indoor Track & Field Championships

**2011 NCAA Division I Men’s Indoor Qualifying Standards**

(Sea Level)

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<td>9:33.2</td>
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@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

### Metric

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*—Size of track.

#—Altitude adjustment available.

*updated 12/02/10*
## 2011 NCAA MEN’S & WOMEN’S INDOOR TRACK & FIELD CHAMPIONSHIPS
### 2011 NCAA Division I Women’s Indoor Qualifying Standards

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<thead>
<tr>
<th>Event</th>
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<tr>
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<td><strong>200 Meters</strong></td>
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<tr>
<td>(Under 200m/220 yds)*</td>
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<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>52.60</td>
</tr>
<tr>
<td><strong>800 Meters</strong></td>
<td></td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>2:06.30</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>2:06.00</td>
</tr>
<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>2:05.00</td>
</tr>
<tr>
<td><strong>3,000 Meters</strong></td>
<td></td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>9:17.00</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>9:16.00</td>
</tr>
<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>9:13.00</td>
</tr>
<tr>
<td><strong>5,000 Meters</strong></td>
<td></td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>16:15.00</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>16:12.50</td>
</tr>
<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>16:07.50</td>
</tr>
<tr>
<td><strong>1,600-Meter Relay</strong></td>
<td></td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>3:38.00</td>
</tr>
<tr>
<td>(200m/220 yds)*</td>
<td>3:36.80</td>
</tr>
<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>3:34.00</td>
</tr>
<tr>
<td><strong>Mile Relay</strong></td>
<td></td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>3:39.20</td>
</tr>
<tr>
<td>(200m/220 yds)*</td>
<td>3:38.00</td>
</tr>
<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>3:35.20</td>
</tr>
<tr>
<td><strong>Distance Medley Relay—Meters</strong></td>
<td></td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>11:10.90</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>11:09.40</td>
</tr>
<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>11:05.50</td>
</tr>
<tr>
<td><strong>Distance Medley Relay—Yards</strong></td>
<td></td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>11:13.40</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>11:12.90</td>
</tr>
<tr>
<td>(Banked or Over 200m/220 yds)*</td>
<td>11:09.00</td>
</tr>
</tbody>
</table>

@ Qualifying times attained at altitude of 6,000 feet and above, add .04 seconds. Times attained at altitude of 3,000-5,999 feet, add .02 seconds.

<table>
<thead>
<tr>
<th>Event</th>
<th>METRIC</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>High Jump</strong></td>
<td>1.85</td>
</tr>
<tr>
<td><strong>Pole Vault</strong></td>
<td>4.30</td>
</tr>
<tr>
<td><strong>Long Jump</strong></td>
<td>6.38</td>
</tr>
<tr>
<td><strong>Triple Jump</strong></td>
<td>13.30</td>
</tr>
<tr>
<td><strong>Shot Put</strong></td>
<td>16.90</td>
</tr>
<tr>
<td><strong>20-Pound Weight</strong></td>
<td>21.00</td>
</tr>
<tr>
<td><strong>Pentathlon</strong></td>
<td>4,075 points</td>
</tr>
</tbody>
</table>

*—Size of track.
#—Altitude adjustment available.

*updated 12/02/10*
Declarations

At the end of the season’s qualifying period, the final descending order lists will be posted at www.tfrrs.org and coaches will declare student-athletes for the championships.[Note: the declarations form will be provided through DirectAthletics – the same password for roster submission will enable access to the declarations form.] As a reminder, the qualifying window for the indoor championships is December 1, 2010, through March 5, 2011 (March 6 for conferences championships concluding by 5 p.m. Eastern time).

A student-athlete whose institution does not comply with the provisions below will not be allowed to compete in the championships.

Track and Field Results Reporting. In order to be considered for selection to the 2011 indoor track and field championships, all institutions must ensure that the electronic submission of results from any competition in which their student-athletes compete are reported by the meet host to the Track and Field Results Reporting System (TFRRS) through the online provider DirectAthletics. As of the 2010 championship season, TFRRS replaced the proof of performance (POP) process. Only the official electronically-reported meet results as submitted by the meet host in TFRRS will serve as proof of performance for all NCAA Division I track and field times and marks. The former POP forms have been eliminated, and coaches are no longer be required to submit verification of qualifying performances. Season-best descending order lists by event, as approved by the NCAA Division I track and field committee, will be made available on a real-time basis at www.tfrrs.org.

Final Declaration. The Division I track and field subcommittee is continuing the online declaration process for the 2011 indoor track and field championships. The process will be the same procedure used during the 2010 indoor and outdoor championships.

Late Declarations. Any institution declaring an athlete after the deadline of 1 p.m. Eastern time and before 3 p.m. Eastern time Monday, March 7, will be charged $300 per institution per gender. There is no opportunity to submit declaration forms after 3 p.m. Eastern time Monday, March 7. Sponsoring institutions must now complete the online declaration form and adhere to the guidelines below when declaring student-athletes for the indoor championships:

1. The committee will post declaration forms online for all institutions whose student athletes meet automatic or qualifying standards, regardless of position on the descending-order lists, no later than 9 a.m. (Eastern Time), Monday, March 7.
2. The declaration form can be accessed through a link on the NCAA Web site at http://www.directathletics.com
3. Access to the declaration form is controlled through the use of the same password assigned for team roster submission. Any coach unable to access the online declaration form by 9 a.m. (Eastern time), Monday, March 7, must notify the DirectAthletics at 617-285-0455.
4. Coaches must complete and submit the online declaration form by 1 p.m. (Eastern time), Monday, March 7. All student-athletes must be declared or scratched in every event in which they qualified at this time. Declaration forms submitted after the 1 p.m. deadline and prior to 3 p.m. Eastern time, will be accepted as LATE and the institution will be fined $300. There is no opportunity to submit declaration forms after 3 p.m. Eastern time. All athletes not declared by their institution will be scratched from the national championship competition. If a student-athlete has achieved a performance posted on the descending order list in one or more events, the coach must clearly state a preference, if any, on the declaration form.
5. Coaches must notify the committee on the declaration form if a student-athlete may not be able to compete because of injury, illness or change in eligibility status. Final notice of entry for those ill or injured must be given to the committee by noon (Eastern time), Wednesday, March 9. Any coach not on site to notify the committee in person must notify the committee via telephone at 415-786-2550. Failure to notify the committee could result in a $300 fine.

6. Coaches are responsible for including a telephone number on the declaration form at which the games committee can reach him or her, or his or her representatives, if questions arise.

7. The fields of competitors will be filled from the descending order lists, as stated in this manual.

8. The final list of participants will be available via the NCAA Web site at NCAA.com and NCAA.org by 7 p.m. (Eastern time), Monday, March 7. Call backs will not be made.

9. Between March 6 and March 10, coaches requiring additional information may contact the committee at 317-363-6410.

**Challenge Period**

Challenges regarding an athlete’s eligibility or performance must be submitted in writing via e-mail (sean@recordtiming.com) to Sean Laughlin for review by the Division I track and field committee. The challenge period begins December 1, 2010, and ends at 3 p.m. (Eastern time) March 7, 2011.

**Declaration of Coaching Staff**

Incorporated into the online declaration form for student-athletes is the declaration information for institutional coaching staffs. Sponsoring institutions which have student-athletes qualifying for the national championships meet, must complete the online declaration form and adhere to the guidelines below when declaring which members of the coaching staff will receive credentials for the indoor championships.

**Banquet**

**New for 2011!** Team Banquet RSVP’s will be required online during the declarations. The Banquet is located in the Zone Club at the north end of Kyle Field and will start at 6:30 PM on Thursday, March 10th. Once team ticket request are filled, we will sell any remaining tickets at packet pick-up.

Per the NCAA travel policies, all competing student-athletes will be covered for the banquet and the non-athletes will be covered only according to the official travel party scale indicated below:

- If a school qualifies 1-3 student-athletes, 1 non-athlete is covered
- If a school qualifies 4-6 student-athletes, 2 non-athletes are covered
- If a school qualifies 7-9 student-athletes, 3 non-athletes are covered
- If a school qualifies 10 or more student-athletes, up to 5 non-athletes are covered
Credentials
Credentials will be issued to each declared student-athlete. The online national championships declaration form for student-athletes contains the information for institutional coaching staffs. Sponsoring institutions that have student-athletes qualifying for the championships must complete the online declaration form and adhere to the guidelines below when declaring which members of the coaching staff will receive credentials for the championships. Pursuant to NCAA Bylaw 11.7.4, single gender programs are limited to THREE Head/Assistant Coaches and THREE Volunteer Coaches. Combined gender programs are limited to SIX Head/Assistant Coaches and SIX Volunteer Coaches. Please note that each institution can use the services of ONE volunteer coach (to coach both genders) limited to coaching pole vault. Institutions will receive credentials based on the above policy without exceptions.

The following policies will be in effect when issuing credentials for NCAA Championships:

- Institutional Personnel will only receive credentials if they have an athlete in the meet. Coaches who are not on the institution’s declared list of coaches cannot receive a credential.
- Pole vault coaches must have an athlete(s) competing in the pole vault competition to receive a credential.
- Institutions MUST:
  1) Declare the coaches that will be attending the championships in order to receive credentials. Coaches will be declared on the same online form as the athletes.
- EACH coach must present their ID to pick up their credential.
- If a coach loses their credential, they will need to pay $50 for an additional credential. Only one lost credential will be given.
- Due to liability issues, no children will be credentialed or allowed in the practice or competition areas.

The following applies to trainers, medical personnel, managers, SID’s and administrators:

- EACH person must present their ID to pick up their credential.
- One team manager, one SID and one administrator (per gender per program) may receive a credential.
- Each institution will be allowed one credential (per gender per program) if a trainer or medical personnel accompanies the team. All medical credentials will be administered by the host agency’s sports medicine staff.

Practice Times
Both the indoor football field and the Gilliam Indoor Track and Field Stadium at the McFerrin Athletic Center will be open for practice Wednesday March, 10th. There are Mondo sprint lanes for use in the indoor football field and hurdles will be available.

<table>
<thead>
<tr>
<th></th>
<th>Gilliam Indoor Track &amp; Field Stadium</th>
<th>Indoor Football Field (Warm-up Area)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday</td>
<td>12-9 PM</td>
<td>12-9 PM</td>
</tr>
<tr>
<td>Thursday</td>
<td>8 AM- 6 PM</td>
<td>8 AM- 3 PM</td>
</tr>
<tr>
<td>Friday</td>
<td>N/A</td>
<td>8 AM- 11 PM</td>
</tr>
<tr>
<td>Saturday</td>
<td>N/A</td>
<td>8 AM- 10 PM</td>
</tr>
</tbody>
</table>

Field Events:
Weight & Shot- Waiting on specific time schedule
**Weight Room Availability**
The Neetum Steed Weight Room will be available Wednesday- Friday from 10 AM-12 PM and 2 PM-4 PM. Athletes using the weight room must be supervised by a team coach.
Please contact Allen Kinley for more information, 979-845-7173.

**Medical Areas**
Trainers from visiting institutions may pick up their credentials in the same manner as coaches during packet pick-up. Visiting trainers will be allowed to set up their equipment in designated areas along the south wall of the Indoor football fields. Texas A&M doctors will also be set up in this building, along with emergency personnel throughout the venue. We remind coaches and trainers that no one is allowed inside the track oval. Injured student-athletes will be treated and escorted by official event trainers to the perimeter of the track where the home institution’s medical staff may then take over.

**20-pound and 35-pound Weight Implements**
The NCAA will provide the Gill Orbitor and the Gill Tungsten Orbitor weight implements for use during competition. Student-athletes may use institutional implements during practices, but will not be able to use institutional implements during competition or the official warm-ups for competition. The NCAA implements will be available during practices and will be the only implements available during warm-ups. Student-athletes are responsible for storage of institutional implements.

Student-athletes will be able to use certified institutional shot put implements during competition. The NCAA will provide additional pool implements as well.

Schedule and location of weigh in are to be determined. "Only soft shell weights, or those that restrict bounce, may be used at the competition. The games committee has the discretion to withhold any throwing implement that may endanger anyone associated with the orderly and reasonable continuation of the meet."

**Awards**
Official NCAA awards will be presented to the top eight-place finishers in each individual event. The awards will be given immediately following the finals of each event. **STUDENT-ATHLETES ARE REQUIRED TO WEAR OFFICIAL SCHOOL UNIFORM/WARMUP.**

First-, second-, third- and fourth-place team trophies will be awarded at the conclusion of the final championship event. Student athletes and team personal of the teams to be recognized should assemble at the west end entrance to the track of the McFerrin Athletic Center below sections 1-5 for recognition. Each participating student-athlete who does not receive an individual or team award at the championships will receive a participant medallion. Participant medallions will be sent to the student-athletes’ institutions within one month of the conclusion of the championships.

**Appeals/ Protest**
Any appeal of a referee’s decision must be written on a protest/appeal form and must be accompanied by an appeal fee of $50 cash. This fee is refundable only if the appeal is upheld. The committee has the right to appoint a jury of appeals comprised of the committee members or leave the referee as the final decision maker. This will be announced at the Coaches meeting.

**Results / Heat Sheets**
Coaches can pick up daily heat sheets and results in the clerk area in the indoor football facility.
**Team Packet Pick-up**
Team packets are provided for each team and may be picked up on Thursday, March 11, between 12:00 p.m. and 4:00 p.m. at the Gilliam Indoor Track and Field. Packet pick-up is located in the lobby, enter through the east doors. Coaches may expect to find the following in each packet:

<table>
<thead>
<tr>
<th>Student-Athlete Credentials</th>
<th>Final Instructions</th>
<th>Complimentary Programs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Competitor Numbers</td>
<td>Relay Cards</td>
<td>Pins</td>
</tr>
<tr>
<td>Parking Passes</td>
<td>Heat/Flight Sheet Coupons</td>
<td>Results Coupons</td>
</tr>
</tbody>
</table>

Please also be prepared to receive the NCAA participant mementoes at this time, which may be a sizable load.

**Tickets**
Tickets for the 2011 NCAA Men’s and Women’s Indoor Track and Field Championships may be purchased through the Texas A&M 12th Man Foundation Ticket Office. We encourage everyone to purchase tickets early as we are expecting this event to sell out. Limited general admission tickets will be available for the team pass list. Since this is a NCAA Championship event, there will be NO complimentary admission to the championships.

Please go to [http://www.12thmanfoundation.com/tickets/NCAA-sale.asp](http://www.12thmanfoundation.com/tickets/NCAA-sale.asp) or call 888-99AGGIE (888-992-4443) to purchase tickets.

All session two-day: General Admission ticket- $25
Reserved- $60, $45 and $35

Single day: General Admission- $15 for adults $10 for youth
Reserved- $30 and $20

For any questions please contact Sylvia Fecht at (sylvia@12thmanfoundation.com)
Office 979-260-7982 and Cell 979-220-3003

**Student-Athlete Check-in**
All athletes will check-in with the clerk at the north east door of the indoor football field when called.

**Competition Warm-up**
No warming up will be allowed on the track once competition starts, inclusive of the combined events. Warm-up is available in the Indoor Football Field and, weather permitting, on the outdoor grass practice fields adjacent to the Indoor Football Field. Field Event warm-ups will be conducted per the NCAA rules.

**Coaches Area**
There are three designated coaches areas located in the facility which will be clearly marked.

**Competitor Numbers**
Student-athletes must wear both numbers (small one on the front, large one on the back). High jumpers and pole vaulters may wear one number on either front or back. Hip numbers will be assigned to all runners at the pre-event area. **NUMBERS CANNOT BE ALTERED IN ANY FASHION.**

**Runway Marks**
Basic runway marking will be provided. Chalk is not permitted. Cones and white athletic tape will be provided and may be used on runways.
Running Event Information
Any legal relay baton may be used. Meet management will have batons available for those teams needing one. Only starting blocks provided by meet management may be used.

**SPIKES:**
- **ATHLETES WILL NOT RUN IF YOU DO NOT COMPLY WITH THIS RULE**
- The only spike pin allowed for our facility is the ¼” pyramid spike from MF Athletics, 800-693-6052, Item # 463A ¼” Pyramid Spikes.
- The Omni-Lite ¼” spike is NOT ALLOWED. The spike measures longer than the Pyramid Spike we allow.
- The use of 1/4” pyramid spikes will be strictly enforced.
- **NO NEEDLE SPIKES OR CHRISTMAS TREE SPIKES ALLOWED.**
- No permanent spike shoes allowed.
- Shoes will be checked at last call in the Clerk Area and prior to getting on the track.

**RELAY CARDS** will be completed by the coaches during the packet pick-up period. Changes in relay teams must be reported to the clerk during the student-athlete check-in.
Texas A&M Track & Field

- NO Christmas Tree Spike Pins
- 1/4” Pyramid “Cone Shape” Only
- NO Needle Spike Pins
Media Credentials.
Requests for working media credentials for the championships shall be directed to Kristen Jacob Smith, NCAA Assistant Director of Online Properties and Media Coordination for championships, at 317/917-6584.

Microphones.
The placement of microphones on a team coach is prohibited.

Mixed Zone.
The mixed zone is located in the Indoor Football Field, right outside the northwest door.

Press Box.
The east side of the press box is designated for media. Photographers/video will also have a work area available near the mix zone in the Indoor Football Field that will include tables, chairs and wireless internet. Please contact Shawn Price sprice@athletics.tamu.edu for any needs or questions you may have.

Television / Video.
The 2011 NCAA Men’s & Women’s Indoor Track & Field Championships will be televised by ESPN on a tape-delay basis. All other news cast must go through ESPN to obtain video feed. In addition there will be a live web cast of the championships, visit www.ncaa.com for more details.
CAPACITY: 5,000

OPENED: Jan 24, 2009

SURFACE: Mondotrack FTX

CHAMPIONSHIP HISTORY:
NCAA Championships: 2009, 2011
Big 12 Championships: 2009

The Rhonda & Frosty Gilliam Indoor Track Stadium, named after Rhonda and Frosty Gilliam, class of 1980, opened for the first time in December of 2008. It features a number of technological advancements that are relatively new to the collegiate athletic scene.

Like the neighboring indoor football practice facility, Gilliam Indoor Track Stadium is constructed with Poly Vinyl Chloride (PVC) fabric, tensioned over a 104’ 2 7/8” steel frame. It is fully insulated with thick R-30 insulation for the severe Texas heat and cold winters, and lined with a similar PVC fabric. Together, the indoor football practice facility, and Gilliam Indoor Track Stadium are known as McFerrin Athletic Center, named for Arthur “Artie” McFerrin, class of 1965.

The top-of-the-line facility is fully air-conditioned and equipped with high quality climate control systems. Air is distributed via a collapsible fabric duct sock that expands when in use.

The track in the new indoor facility is created with the same surfacing that was used for the track & field events at the 2008 Summer Olympic Games in Beijing. The surface is constructed with Mondo Super X Performance Material, a synthetic rubber that provides high-quality shock absorption, skid resistance, force reduction, and overall comfort for the athletes as they practice and compete. The six-lane, 200-meter competition track installed in the facility also has the capability to be hydraulically banked at its two bends for high speed running events. This technology has the potential to make Texas A&M the fastest indoor track in North America. The hydraulic track can be adjusted to any interval, perfect for a variety of training purposes and levels of competition.

In the competitive world of track & field, the training requirements are far exceeded by Coach Pat Henry’s standards. Aside from the six-lane, 200-meter hydraulically banked competition track, the facility features eight independent sprint lanes, two long and triple jump sand pits, four pole vault runways, and two throwing rings.

In the future, the track & field facility will also feature a state-of-the-art synthetic turf conversion system, known as a Magic Carpet System. The most recent installment of this fairly new architecture is at the U.S. Naval Academy in Annapolis. In two hours, the facility can be converted from the Mondo surface to a one-hundred-yard synthetic turf field by way of a series of air jets. Run by a minimum of three people, eighteen air jets assist the turf across the entire floor in 30 minutes. When not in use, the turf is stored in neat folds in a covered pit blended with the surface.

Gilliam Indoor Track Stadium features a pre-engineered bleacher system with press boxes and portable grandstands to seat over 4,100 and is furnished with two press boxes, fully operating concessions, and restroom facilities for meets and other events. Partnered with the neighboring practice football facility and
Bright Football Complex, Gilliam Indoor Track Stadium serves as an exceptional venue for collegiate athletic competition as well as a wide variety of non-collegiate sports, community, and national events.

For the first time since 2004 an Aggie team will compete on a home venue, and it will be in the first-ever indoor facility on the Texas A&M campus. The indoor season will have the Aggies hosting five meets, which includes two postseason championships.

The recently completed Gilliam Indoor Track and Field Stadium features a six lane 200-meter, hydraulic-banked track as well as an eight lane straightaway that resides in the McFerrin Athletic Center.

“I think we have the finest facility in this country,” Texas A&M head coach Pat Henry said. “Of course, I’m going to be a little biased.

“Besides it being a banked, hydraulic Mondo facility, which we know is a tremendous track, it goes to the same degree of angle that the Arkansas track does. The Arkansas track is very fast and this is a copy of that track.”

The Gilliam Indoor Track and Field Stadium is located at the southwest corner of Kyle Field and the structure covers 120,000 square foot. Plus adjacent to the facility is a 75,000 square foot indoor football practice field which will serve as the warm-up area during home meets.

“The most important thing, particularly for championship meets, is having an indoor warm-up facility adjacent to the track building,” Henry noted. “When most facilities are built they forget that the athletes need to warm up. When you host a track meet you can’t warm up on the same track you’re having the meet on.

“The other half of the McFerrin Athletic Center, which houses an indoor football field, just makes our warm-up area outstanding. That’s what separates our facility from any others.”

The Texas A&M track and field staff and program offer a hearty thank you to the two families largely responsible for the construction of the first indoor track and field facility to grace the campus.

Dorothy and Artie McFerrin along with Rhonda and Frosty Gilliam were instrumental in the plans for such a facility coming to fruition.

“A couple of families gave an awful lot to this project, plus there were also a lot of other people who contributed to the facility,” Henry said. “This is a happy time for us right now and we hope our team will respond.”

The Mondotrack FTX surface, which covers the entire competition floor, is the same material utilized during the 2008 Summer Olympics in Beijing, China.

It offers a greater contact area, better lateral support of the foot and a high energy return. The surface is athlete oriented because it supports the rolling of the foot, returning elastic power and enhancing performance while preventing injury.

By having a sprint runway outside of the oval, more room is dedicated to field events inside the oval. The Gilliam Indoor facility can accommodate two runways for the long jump or triple jump, two vault runways and pits as well as two high jump pits.
Outside of the oval the facility also includes a throwing area that can accommodate two shot put rings, or a shot put and weight throw area concurrently.

“We can also throw both the shot put and the weight throw in the same facility and at the same time while being visible from the stands,” Henry explained.

“For field events we can do two events at the same time in the long jump, triple jump, high jump and pole vault. Something like that can’t be done anywhere else in the country.”

**SPECIFICATIONS**

**North Runway**
- Runway Width: 1.23m (4’ ¼“)
- Landing Pit Length: 9.77m (32’ ½”)
- Landing Pit Width: 3m (9’ 10”)

**Long Jump**
- Runway Length: 55m (180’ 5¼”)
- Board to Pit: 3.50m (11’ 5¾”)

**Men Triple Jump**
- Runway Length: 47m (154’ 2¼”)
- Board to Pit: 13.50m (44’ 3½”)

**Women Triple Jump**
- Runway Length: 45m (147’ 7½”)
- Board to Pit: 11.50m (37’ 8¾”)

**South Runway**
- Runway Width: 1.23m (4’ ¼“)
- Landing Pit Length: 9.77m (32’ 0.5”)
- Landing Pit Width: 3m (9’ 10”)

**Long Jump**
- Runway Length: 50m (180’ 5¼”)
- Board to Pit: 3.50m (11’ 5¼”)

**Men Triple Jump**
- Runway Length: 42m (137’ 9½”)
- Board to Pit: 13.50m (44’ 3½”)

**Women Triple Jump**
- Runway Length: 40m (131’ 2¼”)
- Board to Pit: 11.50m (37’ 8¼”)

**Pole Vault**
- Runway Width: 1.21m (3’ 11½”)
- Runway Length: 45m (147’ 7½”)

**High Jump**
- Men Apron: ~17.3m x ~35m
- Women Apron: ~17.3m x ~35m
The Gilliam Indoor Track and Field at the McFerrin Athletic Center is located off Wellborn Road adjacent to Kyle Field in College Station.

Please refer to the map below to aid with directions:

**From North Hwy 6:**
Exit University drive and stay west for about 2-3 miles (campus will be on your left).
Take the ramp up to Wellborn Drive (right exit).
Turn Left on Wellborn to go over the bridge and head South.
The indoor track facility will be on your left right pass Kyle Field (a parking lot connects them)

**From South Hwy 6:**
Exit Hwy 40, take a left to head West. (College Station Water Tower is at this exit)
Hwy 40 will run into Wellborn Drive where you will take a Right to head north.
Stay North on Wellborn Drive for about 5 miles and the indoor track facility will be on your right, before Kyle Field.

**From West of College Station (HWY 21):**
Exit onto Hwy 47 going South to College Station.
Hwy 47 will run into Raymond Stotzer Pwky/Hwy 60/ University Drive where you will go east
Take Raymon Stotzer Pwky all the way to Wellborn where you will exit right to go up on the ramp.
Take a left onto Wellborn headed South and the indoor track facility will be on your left right pass Kyle Field.

Institutions will load/unload and park buses/vans on the southeast side of Kyle Field. Please refer to the parking map on page 36 for more detail.
AIRPORTS

Easterwood Airport (College Station)
(979) 845-8511
1770 George Bush Dr. West
College Station, Texas 77845
http://www.easterwoodairport.com/index.html

The McKenzie Terminal at Easterwood Airport provides commuter flights to major cities in Texas and connecting flights beyond. Easily accessible from Highway 60 West, the airport is only ¼ mile from Texas A&M University. Rental car agencies are located inside the terminal.

AIRLINES:
American Eagle – 800-433-7300
Continental Connection – 800-525-0280

AIRLINE SHUTTLE SERVICES

Golden Eagle - (979) 846-1987  Celebrity Limo - (979) 775-9581

TAXICAB SERVICES

Advantage Taxi Service - (979) 779-8030  Aggie Cab Service - (979) 846-2285
Golden Eagle Courier - (979) 846-1987  University Taxi – (979) 846-2233

AUTOMOBILE RENTALS

Avis Rent-A-Car
Easterwood Airport - (979) 846-9007

Enterprise Rent-A-Car
Easterwood Airport - (979) 268-8262  1811 South Texas Avenue –
(979) 823-2967
738 N. Earl Rudder Frwy. - (979) 731-8370  1351 East Bypass 6. - (979) 693-1625

Hertz Rent-A-Car
Easterwood Airport - (979) 691-2862
1001 S. Earl Rudder Frwy. – (979) 260-7532
Bush Intercontinental (Houston)
(281) 230-3000
http://www.fly2houston.com/iah
Bush is only 96 miles from Bryan College Station and provides commercial flights from major U.S. cities. Rental car agencies are located inside the terminal.

Directions:

From Bush Intercontinental Airport to the Hilton College Station:

- Exit Bush Intercontinental Airport following signs to Sam Houston Tollway west. On Sam Houston Tollway West, continue west for approximately 9 miles. Continue on W. Sam Houston Tollway S. and go south approximately 3 miles.
- Exit US 290 W at sign that reads TX-6 to Bryan-College Station. Proceed North on TX-6 for 40 miles in to College Station.
- Exit TX-6 via FM 60 to University Drive. Bear left on Frontage Road and at the stop light turn left on to University Drive. Follow University Drive for 1.1. miles. The Hilton College Station will be on the right.

Austin Bergstrom International (Austin)
(512) 530-2242
http://www.ci.austin.tx.us/austinairport/
Bergstrom is only 115 miles from Bryan College Station and provides commercial flights from major U.S. cities. Rental car agencies are located inside the terminal.

Directions:

From Austin Bergstrom Airport to the Hilton College Station:

- Go East on Presidential Boulevard. Merge on to TX-71 E. and go 23 miles.
- Turn left on to TX-21 E./TX-95 N.
- Turn right onto TX-150 Loop/TX-21/Chestnut St. Continue to follow TX-21 E.
- Merge on to TX-47 S. towards College Station/Texas A&M Univ./Airport.
- Merge onto Raymond Stotzer Pkwy./Highway 60. Stay straight on Highway 60 E. for approximately 4 miles. The Hilton College Station will be on your left.
# IMPORTANT NUMBERS

Bryan Police/Fire/Ambulance Non-Emergency – (979) 361-3888

College Station Police/Fire/Ambulance Non-Emergency – (979) 764-3600

Bryan-College Station Convention & Visitors Bureau / Brazos Valley Sports Foundation
(800) 777-8292

<table>
<thead>
<tr>
<th>Business</th>
<th>Address/Address</th>
<th>Telephone</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Care Plus Center</td>
<td>3201 University Dr. E., Ste. 155, College Station</td>
<td>(979) 774-7587</td>
<td></td>
</tr>
<tr>
<td>The Physicians Centre</td>
<td>University Dr. E., College Station</td>
<td>(979) 731-3100</td>
<td></td>
</tr>
<tr>
<td>College Station Medical</td>
<td>1604 Rock Prairie Rd., College Station, TX 77845</td>
<td>(979) 764-5100</td>
<td></td>
</tr>
<tr>
<td>St. Joseph’s Regional Health Center</td>
<td>3131 2801 Franciscan Dr. @ E. 29th St., Bryan</td>
<td>(979) 776-3777</td>
<td></td>
</tr>
<tr>
<td>CVS Drugs Store</td>
<td>3000 S. Texas Ave., Bryan</td>
<td>(979) 822-7344</td>
<td></td>
</tr>
<tr>
<td>Walgreen’s 24-Hour Drug</td>
<td>3312 E. 29th St., Bryan</td>
<td>(979) 776-9137</td>
<td></td>
</tr>
<tr>
<td>Walgreen’s 24-Hour Drug</td>
<td>2322 Texas Ave. S., College Station, TX 77840</td>
<td>(979) 696-8688</td>
<td></td>
</tr>
<tr>
<td>Care Plus Center</td>
<td>1800 Rock Prairie Rd., College Station</td>
<td>(979) 696-1075</td>
<td></td>
</tr>
</tbody>
</table>
ATTRACTIONS

GEORGE BUSH PRESIDENTIAL LIBRARY AND MUSEUM

1000 George Bush Dr. W., C.S. (979) 691-4000
http://bushlibrary.tamu.edu

Museum Hours: Monday – Saturday, 9:30 a.m – 5:00 p.m., Sunday, Noon – 5:00 p.m.
Admission: Adults - $7, Seniors $6, Non A&M Students - $3, Children 6-17- $3, Children under 5 – Free

The museum exhibits reveal the unique influences and challenges, which shaped George Bush's life and presidency. On a larger scale, this museum encompasses much of U.S. history since 1941. Through original artifacts, film, photographs, documents, music, sound effects, and interactive video and computerization, this special museum experience is both educational and entertaining.

MESSINA HOF WINERY & RESORT

4545 Old Reliance Rd., Bryan (979) 778-9463
www.messinahof.com

Gift Shop Hours: M–F: 8:30 a.m. – 5:30 p.m., Sat: 10:00 a.m. – 5:00 p.m.
        Sun: Noon – 4:00 p.m.
        Tours: M–F: 1:00 p.m., 2:30 p.m., & 5:30 p.m.
        Sat: 11:00 a.m., 12:30, 2:30, 4:00, & 5:30 p.m.
        Sun: 12:30, 2:30, & 4.00pm
Tour Fee: $5 per person, group rates are available

In a community steeped in tradition, Messina Hof Wine Cellars holds its own with a 200-year history of award winning wines. With tours, festivals, the Harvest Pickers Club, wine seminars, outdoor concerts and other events, Messina Hof strives to accompany their excellence in wine production with excellence in education and entertainment.

PUBLIC GOLF COURSES

Texas A&M Golf Course- 0672 Bizzell St., Texas A&M Campus;
  College Station, TX 77843; (979) 845-1723
Bryan Golf Course- 206 W. Villa Maria Rd.; Bryan, TX 77801; (979) 823-0126
Pecan Lakes Golf Course- 2001 Fairway Dr.; Navasota TX, 77868; (936) 870-3889

APPELT AGGIELAND VISITOR CENTER – (979) 845-5851
RECREATION

Grand Station Entertainment- Bowling, Mini Golf, Laser Tag
2400 Earl Rudder Freeway College Station, TX 77840
(979) 696-1100
http://grandstationent.com/

Cinemark Movies 18
1401 Earl Rudder Freeway S., College Station, TX 77845
(979) 764-9692

Aggieland Premiere Cinema 16
950 North Earl Rudder Freeway, Bryan, TX 77808
(979) 774-4200

SHOPPING


www.postoakmall.com
1500 Harvey Rd, CS
(979) 764-0777

Historic Downtown Bryan- The city of Bryan is in the process of revitalizing its Historic Downtown. This revitalization is allowing people to experience the shops, restaurants and businesses that are working together to restore Downtown Bryan to the thriving hub it once was. A great place to go antiquing, shopping for unique items, view, tour, and appreciate the historic homes and buildings as well as the mouth-watering restaurants.

http://www.downtownbryan.com/

Texas A&M Bookstore
G. Rollie White Coliseum
Joe Routt Blvd.
College Station, TX
(979)845-8681

AggieLocker
The Zone at Kyle Field
Joe Routt Blvd.
College Station, TX
(979)845-8681

CAMPUS AREA INFORMATION

Bonfire Memorial
George Bush Library
Memorial Student Center
Sam Houston Sanders Corp of Cadets Center
TAMU Letterman’s Association Athletic Sports Museum
Accommodations for Bryan-College Station and Surrounding Areas

Bryan-College Station Hotels/Motels

**Aggieland Knights Inn**
104 S. Texas Ave. • CS, TX 77840
(979) 691-6300
www.knightsinn.com

**America’s Best Value Inn & Suites**
1604 S. Texas Ave. • Bryan, TX 77802
(979) 822-6196 • (888) 315-2378
www.americasbestvalueinn.com

**Best Western Atrea**
1920 Austin’s Colony Pkwy • Bryan, TX 77803
(979) 731-5300
www.bestwestern.com

**Brazos Inn**
3113 Hwy 21 E. • Bryan, TX 77803
(979) 779-0020

**College Station Inn**
1503 S. Texas Ave. • CS, TX 77840
(979) 693-1736

**Comfort Inn & Suites**
907 University Dr. E. • CS, TX 77840
(979) 268-5500 • (800) 4-CHOICE
www.choicehotels.com

**Comfort Suites Aggieland**
2313 S. Texas Ave. • CS, TX 77840
(979) 680-9000 • (800) 4-CHOICE
www.comfortsuitescs.com

**Country Inn & Suites**
1010 SW Pkwy East • CS, TX 77840

**Courtyard by Marriott**
3939 S. Hwy 6 • CS, TX 77845
(979) 695-8111 • (800) 321-2211
http://marriott.com

**Days Inn**
2514 S. Texas Ave. • CS, TX 77840
(979) 696-6988 • (800) 329-7466
www.thedaysinn.com

**EZ Travel Inn**
2007 S. Texas Ave. • CS, TX 77840
(979) 693-5822 • (888) 354-2888
www.eztravelinn.com

**Econolodge**
901 University Dr. E. • CS, TX 77840
(979) 260-9150 • (800) 267-7750
www.econolodge.com

**Fairfield Inn**
4613 S. Texas Ave. • Bryan, TX 77802
(979) 268-1552 • (888) 228-2800
www.fairfieldinn.com/ellbi

**Hampton Inn**
320 S. Texas Ave. • CS, TX 77840
(979) 846-0184 • (800) HAMPTON
www.collegestation.hamptoninn.com

**Hampton Inn & Suites**
925 Earl Rudder Fwy S., CS, TX 77840
(979) 694-2100 • (800) HAMPTON
www.hampton.com

**Hawthorn Suites**
1010 University Dr. E. • CS, TX 77840
(979) 695-9500 • (800) 527-1133
www.hawthorn.com

**Hilton College Station**
801 University Dr. E. • CS, TX 77840
(979) 693-7500 • (800) hiltons
www.hiltoncs.com

**Holiday Inn & Suites**
2500 Earl Rudder Fwy S. • CS, TX 77840
(979) 485-8300 • (800) HOLIDAY
www.holiday-inn.com

**Holiday Inn Express Hotel & Suites**
1203 University Dr. E. • CS, TX 77840
(979) 846-8700 • (800) HOLIDAY
www.hiecs.com

**Homewood Suites by Hilton**
950 University Dr. E. • CS, TX 77840
(979) 846-0400 • (800) CALL-HOME
www.collegestation.homewoodsuites.com

**Howard Johnson Express**
3702 Hwy 6 S. • CS, TX 77845
(979) 693-6810 • (800) I-GO-HOJO
www.howardjohnson.com

**Hyatt Place Hotel**
1100 University Dr. E. • CS, TX 77840
(979) 846-9800 • (800) HYATTHP
www.hyattplace.com
La Quinta  
607 Texas Ave. • CS, TX 77840  
(979) 696-7777 • (800) 531-5900  
www.lq.com

LaSalle Hotel  
120 S. Main St. • Bryan, TX 77803  
(979) 822-2000 • (866) 822-2000  
www.lasalle-hotel.com

Manor Inn College Station  
2504 S. Texas Ave. • CS, TX 77840  
(979) 764-9540 • (800) 231-4100  
www.manorhouseinn.com

Motel 6  
2327 S. Texas Ave. • CS, TX 77840  
(979) 696-3379 • (800) 4-MOTEL-6  
www.motel6.com

MSC Guest Rooms  
Texas A& M University • CS, TX 77843  
(979) 845-8909  
http://uc.tamu.edu/msc/guestrooms.asp

Plaza Hotel & Suites  
410 S. Texas Ave. • CS, TX 77840  
(979) 846-4242 • (800) 888-6937  
www.plazacs.com

Quality Suites  
3610 Hwy 6 S. • CS, TX 77845  
(979) 695-9400 • (800) 4-CHOICE  
www.choicehotel.com

Ramada - College Station  
1502 S. Texas Ave. • CS, TX 77840  
(979) 693-9891 • (800) 2-RAMADA  
www.the.ramada.com/collegestation01628

Ramada  
506 Earl Rudder Fwy • CS, TX 77840

Residence Inn  
720 University Dr. E. • CS, TX 77840  
(979) 268-2200  
www.marriott.com

Super 8 Motel  
301 S. Texas Ave. • CS, TX 77840  
(979) 846-8800 • (800) 800-8000  
www.super8.com

Towne Place Suites by Marriott  
1300 University Dr. E. • CS, TX 77840  
(979) 260-8500 • (800) 257-3000  
www.townplacesuites.com/clltb

Travel Lodge  
2300 Texas Ave. S. • Bryan, TX 77802  
(979) 846-4242

Vineyard Court Designer Suites  
1500 George Bush Dr. E. • CS, TX 77840  
(979) 693-1220 • (888) 846-2678  
www.vineyardcourt.com

Bryan-College Station Bed & Breakfasts

7F Lodge & Spa  
16611 Royder Rd. • CS, TX 77845  
(979) 690-0073  
www.7flodge.com

Abigaile’s Treehouse Guest Accommodations  
1015 E. 24th St. • Bryan, TX 77803  
(979) 822-9999  
www.abigailestreehouse.com

Aggie Outpost Bed & Breakfast  
9394 Dew Rd. • CS, TX 77845  
(979) 691-8080  
www.aggieoutpost.com

Astin Mansion  
506 W. 26th St. • Bryan, TX 77803  
(979) 822-9999  
www.astinmansion.com

Country Roads Bed & Breakfast  
4965 Rabbit Ln. • Bryan, TX 77803  
(979) 778-6695  
www.countryroadsbandb.com

Forever Young Guest House  
1395 Peach Creek Cut Off Rd. • CS, TX 77845  
(979) 690-0442  
www.foreveryoungguesthouse.com

Journey’s End Bed & Breakfast  
716 Park Place • CS, TX 77840  
(979) 696-2510  
www.journeys-end-bb.com

Milton Parker Bed & Breakfast  
200 South Congress Ave. • Bryan, TX 77803  
(979) 779-7171  
www.miltonparkerhome.com

Murphy’s Bed & Breakfast  
400 Montclair • CS, TX 77840  
(979) 696-7149  
www.murphybedandbreakfast.com

Reveille Inn  
4400 Old College Rd. • Bryan, TX 77801  
(979) 846-0858  
www.reveilleinn.com
Ritchey Ranch Bed & Breakfast  
5025 Wallis Rd. • Bryan, TX 77808  
(979) 778-7566 • (866) RITCHEY  
www.ritcheyranch.com  

Rudder-Jessup Bed & Breakfast  
115 Lee Ave. • CS, TX 77840  
(979) 693-1749 • (866) 744-2470  
www.rudderbandb.com  

Shepherd’s Way Bed & Breakfast  
2121 Carter Lake Dr. • CS, TX 77845  
(979) 690-5193  
www.shepherdswaybb.com  

Star of the Woods Cabin  
11818 Gold Nugget • CS, TX 77845  
(979) 776-8248  
www.starofthewoods.com  

The Clary House  
601 E. 30th St., Bryan, TX 77803  
(979) 703-7916  
www.theclaryhouse.com  

The Cottages & Casitas at Traditions Club  
3249 Founders Dr. • Bryan, TX 77803  
(979) 779-1007  
www.traditionsclub.com  

The Nest B&B and Spa  
16424 Royder Rd. • CS, TX 77845  
(979) 693-5562  

The Upper Room Bed & Breakfast  
1204 Carmel St. • CS, TX 77845  
(979) 696-9632  
www.theupperoomnbnb.com  

Villa at Messina Hof Winery & Resort  
4545 Old Reliance Rd. • Bryan, TX 77808  
(979) 778-9463 ext. 22, (800) 736-9463  
www.messinahof.com
## Bryan-College Station Restaurants

### American Sit Down

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applebee's Grill &amp; Bar</td>
<td>(979) 260-3003</td>
<td>200 S. Texas Ave.; College Station, TX 77840</td>
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<tr>
<td>Boston's</td>
<td>(979) 260-8646</td>
<td>820 University Drive, College Station</td>
</tr>
<tr>
<td>Cheddar's</td>
<td>(979) 260-1701</td>
<td>1701 University Dr. E.; College Station, TX 77840</td>
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<tr>
<td>Chicken Oil Company</td>
<td>(979) 846-3306</td>
<td>3600 S. College Ave.; Bryan, TX</td>
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<tr>
<td>Chili's Grill &amp; Bar</td>
<td>(979) 696-4261</td>
<td>1063 Texas Ave.; College Station, TX 77840</td>
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<tr>
<td>Cotton Patch - College Station</td>
<td>(979) 695-9707</td>
<td>3525-A Longmire; College Station, TX 77845</td>
</tr>
<tr>
<td>Country Skillet</td>
<td>(979) 779-9114</td>
<td>3629 Tabor Rd.; Bryan, TX 77808</td>
</tr>
<tr>
<td>Dixie Chicken</td>
<td>(979) 846-2322</td>
<td>307 University Drive College Station, TX 77840</td>
</tr>
<tr>
<td>Doc Green's Salads &amp; Grill</td>
<td>(979) 764-3900</td>
<td>1808 Texas Ave. South Suite 200 College Station, TX 77840</td>
</tr>
<tr>
<td>Edge Cafe &amp; Java Court</td>
<td>(979) 268-4188</td>
<td>303 Church Ave.; College Station, TX 77840</td>
</tr>
<tr>
<td>Fitzwilly's Bar &amp; Grill</td>
<td>(979) 846-8806</td>
<td>303 University Dr.; College Station, TX 77840</td>
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<tr>
<td>Freebirds</td>
<td>(979) 846-9298</td>
<td>319 University Dr. College Station, TX</td>
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<tr>
<td>Freebirds</td>
<td>(979) 485-8829</td>
<td>3525 D Longmire Dr College Station, TX</td>
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<td>Freebirds</td>
<td>(979) 695-0151</td>
<td>2050-C Texas Ave. College Station, TX</td>
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<tr>
<td>Freebirds</td>
<td>(979) 260-9086</td>
<td>700 Earl Rudder Freeway College Station, TX</td>
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<tr>
<td>Fuddrucker's</td>
<td>(979) 696-7142</td>
<td>1704 E. George Bush Dr.; College Station, TX 77840</td>
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<tr>
<td>Golden Corral</td>
<td>(979) 846-8667</td>
<td>700 E University Dr.; College Station, TX 77840</td>
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<tr>
<td>Hampton's Cafe</td>
<td>(979) 775-8811</td>
<td>2516 S. Texas Ave.; Bryan, TX 77802</td>
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<tr>
<td>Harvey Washbangers</td>
<td>(979) 696-6756</td>
<td>1802 S. Texas Ave.; College Station, TX 77840</td>
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<tr>
<td>Hook Lakeside Bar and Grille, The</td>
<td>(979) 361-0861</td>
<td>8200 Sandy Point Rd.; Bryan, TX</td>
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<tr>
<td>Joe's Place</td>
<td>(979) 589-2693</td>
<td>9376 E. Hwy. 21; Bryan, TX</td>
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<tr>
<td>Koppe Bridge Bar &amp; Grill</td>
<td>(979) 764-2933</td>
<td>11777 Wellborn Rd. College Station, TX</td>
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<tr>
<td>Koppe Bridge Bar &amp; Grill</td>
<td>(979) 776-2833</td>
<td>3940 Harvey Rd. Bryan, TX</td>
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<tr>
<td>Layne's</td>
<td>(979) 696-7633</td>
<td>106 Walton Dr.; College Station, TX 77840</td>
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<tr>
<td>Layne's</td>
<td>(979) 696-6933</td>
<td>1301 Wellborn Rd. College Station, TX 77845</td>
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<tr>
<td>Luby's Cafeteria</td>
<td>(979) 846-3729</td>
<td>4401 S. Texas Ave.; Bryan, TX 77802</td>
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<tr>
<td>Margie's Bar and Grill</td>
<td>(979) 822-8422</td>
<td>320 N. Main St.; Bryan, TX 77803</td>
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<tr>
<td>Ozona Bar and Grill</td>
<td>(979) 694-4618</td>
<td>520 Harvey Rd.; College Station, TX 77840</td>
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<tr>
<td>River Bridge Bar &amp; Grill</td>
<td>(979) 823-2333</td>
<td>200 S. Main St. Bryan, TX</td>
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<tr>
<td>Souper Salad</td>
<td>(979) 693-3883</td>
<td>1727 S. Texas Ave.; College Station, TX 77840</td>
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<tr>
<td>Square One</td>
<td>(979) 361-0264</td>
<td>1211 W. William Joel Bryan Pkwy Bryan, TX</td>
</tr>
<tr>
<td>T.G.I. Friday's</td>
<td>(979) 260-1726</td>
<td>940 University Drive East College Station, TX 77840</td>
</tr>
<tr>
<td>Wings N' More</td>
<td>(979) 694-8966</td>
<td>3230 Texas Ave. S. College Station, TX</td>
</tr>
<tr>
<td>Wings N' More</td>
<td>(979) 778-0338</td>
<td>3404 E St. Hwy. 21 Bryan, TX</td>
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<tr>
<td>Wings N' More</td>
<td>(979) 691-2100</td>
<td>1511 University Dr. E. College Station, TX</td>
</tr>
<tr>
<td>Wingstop</td>
<td>(979) 846-9464</td>
<td>700 E. University Dr. Ste B-201; College Station, TX 77840</td>
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### Asian Cuisine

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
<th>Address</th>
</tr>
</thead>
<tbody>
<tr>
<td>Atami Steak &amp; Sushi</td>
<td>(979) 268-8883</td>
<td>800 University Dr. East # 200 College Station</td>
</tr>
<tr>
<td>China Buffet</td>
<td>(979) 776-4888</td>
<td>3030 E. 29th St.; Bryan, TX 77802</td>
</tr>
<tr>
<td>China King Buffet</td>
<td>(979) 694-7959</td>
<td>2402-D S. Texas Ave.; College Station, TX 77840</td>
</tr>
<tr>
<td>Haiku Sushi Bar &amp; Hibachi Grill</td>
<td>(979) 846-7900</td>
<td>607 University Drive E.; College Station, TX 77840</td>
</tr>
<tr>
<td>Jin's</td>
<td>(979) 691-8688</td>
<td>317 Church Ave.; College Station, TX 77840</td>
</tr>
<tr>
<td>Panda Express</td>
<td>(979) 696-3687</td>
<td>1400 Texas Avenue College Station, TX</td>
</tr>
<tr>
<td>Pei Wei Asian Diner</td>
<td>(979) 260-1209</td>
<td>980 A University Dr. E. suite 4 College Station, TX</td>
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### BBQ & Steakhouse

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Bell Ranch Steakhouse</td>
<td>(979) 694-4929</td>
<td>Hilton; 801 University Dr. E.; College Station, TX 77840</td>
</tr>
<tr>
<td>C&amp;J Bar-B-Q Market</td>
<td>(979) 776-8969</td>
<td>4304 Harvey Road College Station, TX 77845</td>
</tr>
</tbody>
</table>
C&J Bar-B-Q Market  (979) 696-7900  105 Southwest Parkway College Station, TX
C&J Bar-B-Q Market  (979) 822-6033  1010 Texas Ave. Bryan, TX 77803
Eccell Steakhouse  (979) 268-4101  980 University Drive East College Station, TX
J Cody's BBQ & Steakhouse  (979) 846-2639  3610 S. College Ave.; Bryan, TX 77801
Longhorn Tavern  (979) 778-3900  1900 Hwy 21 East Bryan, TX 77803
Outback Steakhouse  (979) 764-4329  2102 Texas Ave. S.; College Station, TX 77840
Rudy's BBQ  (979) 696-7383  504 Harvey Rd.; College Station, TX 77840
Sodalak's Beefmasters  (979) 778-4999  3500 Hwy 21 E.; Bryan, TX
Texas Roadhouse  (979) 268-0558  1601 University Dr E.; College Station, TX 77840
The Republic  (979) 260-4120  701 University Drive East Suite 406 College Station, TX

**Deli**

Blue Baker  (979) 696-5055  201 Domink Dr.; College Station, TX 77840
Blue Baker  (979) 268-3096  800 University Drive East Suite 100 College Station, TX
Honey-B Ham & Deli  (979) 696-3354  2416-A Texas Avenue South College Station, TX 77840
Jason's Deli  (979) 764-2929  1404 S. Texas Ave.; College Station, TX 77840
Jimmy John's Gourmet Sandwiches  (979) 693-6400  2002 Texas Avenue College Station, TX
McAlister's Deli  (979) 846-6000  1006 University Dr. E.; College Station, TX 77840
Must Be Heaven  (979) 764-9222  1700 Rock Prairie Rd.; College Station, TX 77845
New York Sub  (979) 846-8593  301-A College Main; College Station, TX 77840
Pita Pit  (979) 694-5300  2008 South Texas Ave College Station, TX
Pita Pit  (979) 260-5084  403 W. University Dr.; College Station, TX 77840
Pitabelly Sandwich Works  (979) 260-4620  409 B University Dr. College Station, TX

**Fast Food**

Arby's  (979) 696-2729  1800 Southwest Pkwy.; College Station, TX 77840
Chick-Fil-A  (979) 731-1155  2210 Briarcrest Dr. Bryan, TX
Chick-Fil-A  (979) 694-4500  1719 Texas Ave S, College Station, TX 77840
Chicken Express  (979) 846-7781  800 S Earl Rudder Frwy.; College Station, TX 77840
Chicken Express  (979) 764-7781  12875 Wellborn FM 2154 College Station, TX
Chipotle  (979) 260-2282  815 University Dr.; College Station, TX 77840
Fazoli's Italian Food Fast  (979) 694-5199  400 Harvey Rd. College Station, TX 77840
Freebirds  (979) 846-9298  319 University Dr. College Station, TX
Freebirds  (979) 485-8829  3525 D Longmire Dr. College Station, TX
Freebirds  (979) 695-0151  2050-C Texas Ave. College Station, TX
Freebirds  (979) 260-9086  700 Earl Rudder Freeway College Station, TX
Jack in the Box  (979) 775-7103  2906 S. Texas Ave. College Station, TX
Long John Silver's  (979) 696-8555  1808 S. Texas Ave. Bryan, TX
McDonald's  (979) 693-7777  111 George Bush Dr. College Station, TX
McDonald's  (979) 846-8920  801 University Dr. College Station, TX
McDonald's  (979) 822-3011  825 E. Villa Maria Bryan, TX
McDonald's  (979) 774-0074  2200 Briarcrest Dr. Bryan, TX
Potato Shack  (979) 846-7783  405A University, College Station
Schlotzsky's Deli  (979) 260-2867  107 S. College Ave. College Station, TX
Smoothie King  (979) 696-5464  2416 C Texas Ave.; College Station, TX 77840
Sonic Drive-In  (979) 693-0087  2900 S. Texas Ave. College Station, TX
Sonic Drive-In  (979) 680-8051  330 George Bush Dr. College Station, TX
Subway  (979) 693-0346  601 University Dr. W. College Station, TX
Subway  (979) 846-2165  913 Harvey Rd. College Station, TX 77840
Subway  (979) 764-3990  713 University Dr. College Station, TX 77840
Taco Bell  (979) 260-1720  710 S. Texas Ave. College Station, TX
Taco Cabana  (979) 693-1904  710 S. Texas Ave. College Station, TX
Wendy's  (979) 693-4951  202 Southwest Pkwy. College Station, TX
Wendy's  (979) 775-0183  3216 S. Texas Ave. Bryan, TX
Whataburger  (979) 696-2337  105 Dominik Dr. College Station, TX
Whataburger  (979) 822-0624  902 S. Texas Ave. Bryan, TX

Italian
Cafe Capri  (979) 822-2675  222 N. Main; Bryan, TX 77803
Cenare  (979) 696-7311  404 University Dr. E.; College Station, TX 77840
Frittella Italian Cafe  (979) 260-6666  3901 South Texas Avenue Bryan, TX 77802
Johnny Carino's  (979) 764-7374  620 Harvey Road College Station, TX 77840
Luigi's Patio Ristorante  (979) 268-3251  3975 State Highway 6 S. College Station
Olive Garden  (979) 846-4637  510 Earl Rudder Freeway South College Station, TX

Mexican
Abuelo's Mexican Food Embasy  (979) 260-3400  840 University Drive East College Station, TX 77840
Casa Ole' - College Station  (979) 764-0933  Mall, 1500 Harvey Road College Station, TX
Casa Rodriguez  (979) 779-0916  300 N. Bryan Ave.; Bryan, TX 77803
Cazadores  (979) 695-7932  1037 S Texas Ave.; College Station, TX 77840
Chuy's  (512) 370-2630  1498 Harvey Rd.; College Station, TX 77840
Fredrico's Mexican Bar & Grill  (979) 846-7668  4501 S. Texas Ave.; Bryan, TX
La Bodega  (979) 691-8226  102 Church Avenue College Station, TX 77840
Los Cucos Mexican Cafe  (979) 680-8896  1521 A S Texas Avenue College Station, TX 77840
Margarita Rocks  (979) 680-0600  1601 S. Texas Ave.; College Station, TX 77840
Ninfa's Mexican Restaurant  (979) 693-0506  Hwy 6 College Station, TX
On The Border Mexican Cafe  (979) 695-2492  709 Texas Ave.; College Station, TX 77840
Polly's Cocina  (979) 695-6666  326 George Bush Dr. College Station, TX
Rosa's Cafe  (979) 691-8501  710 University Dr. E. College Station, TX

Pizza
Buck's Pizza  (979) 693-2825  2418 S. Texas Ave.; College Station, TX 77840
CiCi's Pizza  (979) 694-2424  1905 Texas Ave. S., College Station
Domino's Pizza  (979) 846-6666  409 A University Dr. College Station, TX
Double Dave's Pizza  (979) 764-3283  1410 Texas Ave. College Station, TX
Double Dave's Pizza  (979) 764-3283  919 Harvey Rd. College Station, TX
Gattitown  (979) 695-6410  2026 S Texas Ave.; College Station, TX 77840
Papa John's Pizza  (979) 846-3600  601 University Dr. College Station, TX
Pizza Hut  (979) 846-3355  4207 Wellborn Rd. Bryan, TX
Pizza Hut  (979) 696-2512  102 E. University Dr. College Station, TX

Seafood
Bodega Coast  (979) 268-4101  980 University Dr. E.; College Station, TX 77840
Fish Daddy's Grill House  (979) 260-1611  1611 University Drive E. College Station, TX
Red Lobster  (979) 260-3709  1200 University Dr. College Station, TX 77840
Restaurants Areas

A. Northgate Restaurants
- Antonio’s Pizza
- Chipotle
- Corner Bar & Grill (Lunch)
- Crazy Cajuns
- Dixie Chicken
- Domino’s Pizza
- Fat Burger
- Fitzwillie’s Bar & Grill (Lunch)
- Freebirds
- Haiku Sushi Bar (Lunch)
- I-HOP
- McDonald’s
- Papa John’s Pizza
- Fita Pit
- Potato Shack
- Potbelly
- Schlotsky’s
- Starbucks
- Taco Bell
- Zapato’s

B. University Fountain
- Abuelo’s
- Atami Sushi
- Ben & Jerry’s
- Blue Baker
- Bodega Coast
- Boston’s Pizza
- Friday’s
- Genghis Grill
- Pei Wei
- Rosas Tortilla Factory
- Veritas

C. Restaurant Row
- Buffalo Wild Wings
- Cheddars
- Freebirds
- Fish Daddy’s
- Newk’s Express Cafe
- Olive Garden
- Sodolak Beef Masters
- Texas Roadhouse
- Wings N More

D. Restaurants near Best Western
- Cotton Patch Cafe
- Double Dave’s Pizza
- I-HOP
- Jack in the Box
- Little Caesars Pizza
- Los Cucos
- Popeye’s Chicken
- T’Jin China Diner