

TWO SITE - THREE DAY SCHEDULE - 2013 - GREENSBORO												as of March 8, 2013	
THURSDAY				FRIDAY				SATURDAY					
TRACK EVENTS													
Time	Event	Division	Round	Time	Event	Division	Round	Time	Event	Division	Round		
4:30 PM	400 Hurdles	Women	First Round	5:00 PM	100 Hurdles	Women	First Round	6:00 PM	4x100 Relay	Women	Quarterfinal		
5:00 PM	400 Hurdles	Men	First Round	5:30 PM	110 Hurdles	Men	First Round	6:15 PM	4x100 Relay	Men	Quarterfinal		
5:30 PM	1500 Meters	Women	First Round	6:00 PM	400 Meters	Women	Quarterfinal	6:30 PM	1500 Meters	Women	Quarterfinal		
6:00 PM	1500 Meters	Men	First Round	6:15 PM	400 Meters	Men	Quarterfinal	6:45 PM	1500 Meters	Men	Quarterfinal		
6:30 PM	100 Meters	Women	First Round	6:30 PM	100 Meters	Women	Quarterfinal	7:05 PM	100 Hurdles	Women	Quarterfinal		
6:55 PM	100 Meters	Men	First Round	6:45 PM	100 Meters	Men	Quarterfinal	7:20 PM	110 Hurdles	Men	Quarterfinal		
7:20 PM	400 Meters	Women	First Round	7:00 PM	800 Meters	Women	Quarterfinal	7:35 PM	200 Meters	Women	Quarterfinal		
7:45 PM	400 Meters	Men	First Round	7:15 PM	800 Meters	Men	Quarterfinal	7:50 PM	200 Meters	Men	Quarterfinal		
8:10 PM	800 Meters	Women	First Round	7:30 PM	400 Hurdles	Women	Quarterfinal	8:05 PM	5000 Meters	Women	Semifinal		
8:35 PM	800 Meters	Men	First Round	7:45 PM	400 Hurdles	Men	Quarterfinal	8:45 PM	5000 Meters	Men	Semifinal		
9:00 PM	10,000 Meters	Women	Semifinal	8:00 PM	200 Meters	Women	First Round	9:25 PM	4x400 Relay	Women	Quarterfinal		
9:40 PM	10,000 Meters	Men	Semifinal	8:25 PM	200 Meters	Men	First Round	9:45 PM	4x400 Relay	Men	Quarterfinal		
				8:50 PM	3000 Steeplechase	Women	Quarterfinal						
				9:30 PM	3000 Steeplechase	Men	Quarterfinal						
FIELD EVENTS													
Time	Event	Division	Round	Time	Event	Division	Round	Time	Event	Division	Round		
10:00 AM	Discus	Men	First Round	10:00 AM	Hammer	Women	First Round	10:00 AM	Hammer	Men	First Round		
1:00 PM	Long Jump	Men	First Round	12:00 PM	Javelin	Men	First Round	12:00 PM	Javelin	Women	First Round		
3:30 PM	Discus	Women	First Round	5:00 PM	Pole Vault	Women	First Round	1:00 PM	Triple Jump	Men	First Round		
4:30 PM	Pole Vault	Men	First Round	5:00 PM	Shot Put	Men	First Round	5:30 PM	Shot Put	Women	First Round		
5:30 PM	Long Jump	Women	First Round	6:00 PM	High Jump	Women	First Round	5:30 PM	Triple Jump	Women	First Round		
								6:00 PM	High Jump	Men	First Round		